THE SOUTHERN SPORTS FORMOR

January 2024 Edition GEORGIA'S ALL-TIME LEADING RUSHER **CFP Gets it Wrong**



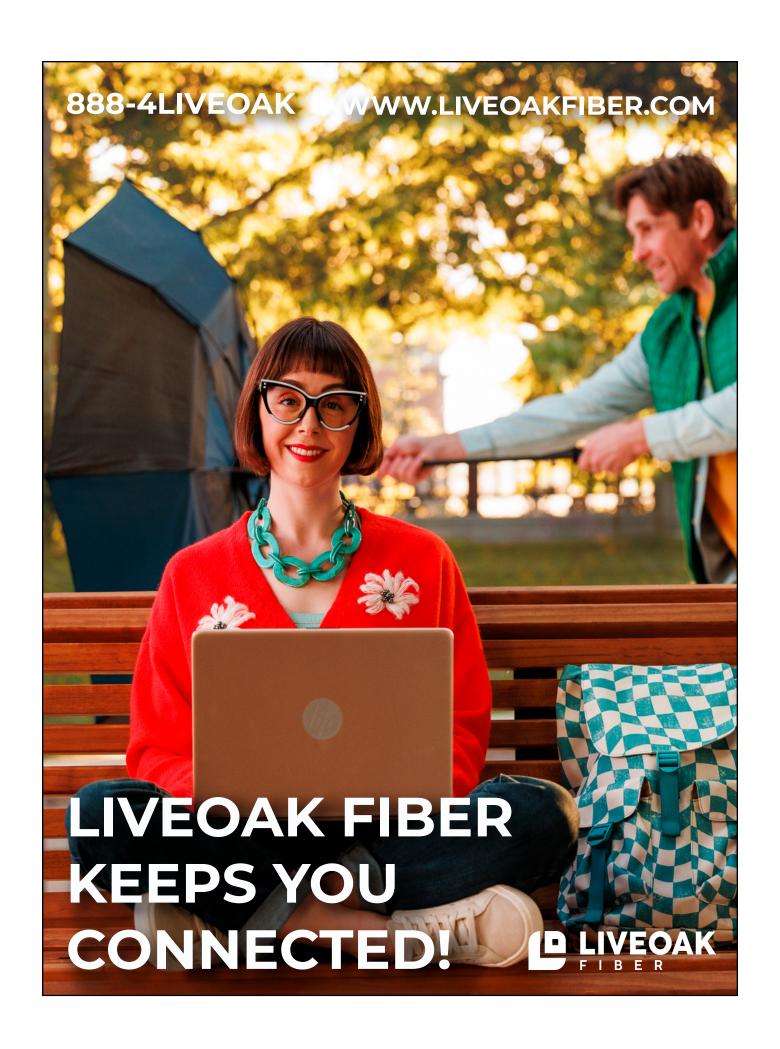


Jekyll And Hyde



Terror-ific Season





THE SOUTHERN SPORTS EDITION

GET TO KNOW THE WRITERS



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Kipp Branch graduated from Valdosta State University where he pitched for the Blazers. Kipp serves as one of the voices on the Brunswick High Pirates radio broadcast and is known affectionately as "Mr. Brunswick High." Kipp also co-hosts 'The Jason Bishop Show w Kipp Branch,' south Georgia's most listened to sports talk show.



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Colin Lacy currently resides in Statesboro, GA and is the voice of the Southeast Bulloch Yellow Jackets. Colin also works with Westwood One Sports and Bowl Season radio for National College Football and NFL broadcasts across the country. Colin also calls Georgia Tech baseball for the Georgia Tech Sports Network and also works with the ACC Network.



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he Southern Sports Edition was created to offer sports opinions from a southern perspective. The Southern Sports Edition offers some of the top sports minds and opinions from around the South. From coverage on High School Football to a beat on the Atlanta Braves, the Georgia Tech Yellow Jackets, SEC, ACC and all southern sports with actual southern opinions. The Southern Sports Edition is currently distributed in Southeast Georgia and Northeast Florida and growing everyday.

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THE RIVER

Jordan Triplett Makes History By Jeff Doke



Sometimes football has an artistic flow to it. A rhythm, a rhyme. "Slam poetry," if you will. Almost like

Thus, is definitely the case with the high school career of one Jordan Bryce Triplett. His time as a Frederica Knight began and ended on the same field; Goddard Field on the campus of Valwood Academy. The opening and closing stanzas one might say.

And oh, what an anthem came between.

For those of us there in Hahira, Georgia on September would follow that 167 yard/2 TD performance. Most of us were wondering who this freshman was that outran Senior RB Kyle "Meatball" Perez by almost 20 yards.

When Perez went down a few weeks later with injury, the wonder turned to concern as to whether the (as Coach Brandon Derrick called him) "racehorse with blinders" could handle the load.

The 1852 yards and 22 touchdowns he amassed by the end of his freshman campaign belayed those concerns. This was obviously a talented young man that knew where he wanted to go - the NFL.

"I've always had dreams of playing college football and eventually going to the NFL," said Jordan to me recently via TwitterX. "The Lord was gracious and has kept me healthy to get me to where I am now."

The Lord (with an assist from Frederica's Head Athletic Trainer Adam Norman) did indeed keep him healthy for his four-year run. Ironic that his career was jumpstarted by

mentors you could ask for," Jordan three 400-yard games. recalls. "He was hard on me when career. He showed me a lot in my one year with him."

That freshman season wound and offensive unit." up with a trip to the GIAA State Championship against long-time foe praise and shared glory on his John Milledge Academy, who Jordan surprisingly doesn't list as the most he says he was closest to Tucker formidable opponent of his tenure.

"I think two teams that stand Christian," says Jordan. "Yes, JMA has been tough over the years, but those two teams truly were dominating their leagues when we played them."

Jordan continued to produce how to be a leader on a team, which throughout his time 'Under The Oaks'. he knew I needed because of how He put up 1699 yards his sophomore 11, 2020, we had no idea what year and 2305 as a junior, adding 26 touchdowns in both seasons. Those speculation about how playing at a numbers set him up for what turned

> This past season, Jordan broke or tied several prestigious records in the State of Georgia. The most notable factor," according to his mother being the career rushing record of Becky Triplett. "Would he have more 9,028 - the only player in state history to break 9,000 yards for his career.

for the season - which tied the all-time single-season record for yardage. Both records had stood for 23 years.

In addition to those, he clocked in at #3 all-time career watching him make history.

the injury to his teammate and friend. rushing TDs at 115 and became the "(Kyle) was one of the best only player in state history to have

"Never did it come to mind he needed to be. It was critique that that we would be able to break the all-I desperately needed so early in my time rushing record. That's something that seemed untouchable, but we did it and when I say we I mean the coaches

Triplett has always heaped teammates and coaches. Even though McClain, Sam Norris, and Sutton Ellis, one of his favorite memories out are Calvary Day and Savannah involves a Frederica alumnus he never played with; the NFL-bound Jaylin Simpson.

> "On the way (to the state championship), he called me and gave Regardless of the competition, me some great advice. It consisted of voung I was.'

Like Jaylin, Jordan has fielded small school would be a detriment to out to be a historic senior campaign. his career. Neither Simpson nor the Tripletts have any regrets.

> "There is always the 'unknown offers? Would he have had more opportunities? But, Frederica Academy To do this, it took 3,172 yards is family. He has the best coaches, a top-notch education, an incredible support system, and the advantage of the small-town atmosphere."

> > And we had the advantage of







Beau Sasser, MD

A board-certified/ fellowship trained orthopaedic surgeon, Dr. Sasser specializes in sports medicine and also serves as medical director of the Southeast Georgia Health System Sports Medicine program.

Summit Sports Medicine & Orthopaedic Surgery has offices in Brunswick, St. Simons Island and St. Marys.

To make an appointment with Dr. Sasser, call 912-466-7340.



Our shoulders are among the most complicated, hardest-working structures in our body. "The shoulder joint is comprised of the surrounding capsule and four muscles that together comprise the rotator cuff. These muscles help to compress, stabilize, elevate, extend, flex, and rotate the shoulder. Due to the complex mechanics of the shoulder it's not surprising that a rotator cuff injury – whether from a tear or tendonitis – requires a prolonged period of time to regain proper function," says Beau Sasser, MD, board-certified/fellowship trained orthopaedic surgeon at Summit Sports Medicine & Orthopaedic Surgery and medical director of the Southeast Georgia Health System Sports Medicine program.

Sports injuries are a leading cause of shoulder problems in adolescents; for older adults, wear and tear makes injuries more likely. Your risk increases if you perform repetitive overhead movement – the kind required in painting, construction, gardening, baseball, golf, tennis, and pickleball, to name a few.

To use a sports analogy, think of healing a rotator cuff injury as a marathon versus a sprint. "Healing can only begin after an accurate diagnosis. From there, you can follow a treatment plan beginning with pain control and progression to regaining range-of-motion then strength and finally back to normal activities."

Why Injuries Don't Heal

Let's assume you saw an orthopaedic surgeon who suggested trying conservative treatments before considering surgery. There are several reasons you might not recover as fast as you would like when taking the conservative route. "Age is one culprit. The rotator cuff tendons that attach to the humerus have a poor blood supply. Therefore, as we age we have an increased risk of rotator cuff injury secondary to wear and tear," explains Dr. Sasser.

The severity of the tear is another factor. "The larger and more chronic the tear, the harder it is to repair surgically and the longer it takes to heal," Dr. Sasser says. The length of time you had the injury also matters. "You should not postpone seeing a physician. The sooner you're diagnosed, the sooner we can start treatment and improve your outcome."

Are you trying to play or work through the pain?

Aggravating an already vulnerable rotator cuff slows recovery. Dr. Sasser advises avoiding heavy lifting and overhead lifting as much as possible. Focus more on stretching and exercises below shoulder height. Although physical therapy is usually recommended, avoid rushing the process or getting too aggressive with exercises. Warm up by stretching and applying heat beforehand. You may need a rest day in between therapy days, but don't stop moving altogether. "Unless you need a protective sling after surgery, I don't recommend immobilizing the shoulder for long periods. A sling can be useful to decrease pain and inflammation. After these symptoms subside, I recommend beginning range-of-motion exercises to prevent a frozen shoulder."

Follow the protocols and practice patience. "These injuries generally take four to six months or up to a year to heal. If you follow the recommendations – rest, heat, ice, anti-inflammatory medications and/or steroid injections and physical therapy – and still don't improve, speak to your physician. They may recommend other lifestyle changes, alternative therapies or surgery to help you heal."



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SOMETHING SMELLS FISHY

CFP Gets It Wrong By Kipp Branch



f somebody in that committee room doesn't think Georgia's one of the four best teams in the country, I don't know if they're in the right profession," UGA head coach Kirby Smart after the team's SEC championship game loss.

Forget about who got in and just look objectively at Georgia's resume heading last Saturday's game:

- Won last 2 national championships.

- Won an SEC record 29 straight games, three straight 12-0 regular seasons.

- No. 1 in the country 24 straight weeks heading into Saturday in AP and Coaches poll.

- Hadn't lost a game in 727 days.

- Has dominated college football and the SEC, the toughest conference in CFB, for two years.

- Lost first game Saturday in more than 2 years by just 3 points and its two best offensive players were playing injured.

If you look objectively at the facts, there is no way UGA is not one of the top 4 teams in the country.

I don't care who you cheer for, there is no way a team that has basically dominated college football for the last two years can lose one game by 3 points and drop out of the playoffs.

How do you go from being the overwhelming No. 1 team in the country for the previous 24 weeks and lose a championship game by just three points - with two of your best offensive players injured - and completely fall out of the playoff picture. There is no doubt Georgia

is easily one of the best four teams in the country and should have been to say that "no team could ever included in the playoff.

Florida State should bolt from the ACC Alabama did it in 2009 with McElroy now after the 13-0 ACC champion got at QB. He passed for 58 yards in the left out of the playoffs.

The precedent has been set SEC or even the Big 10.

The committee had FSU in week later after they won the ACC.

going to put Texas in over FSU. FSU QB. winning without their top 2 QB's stirred up the controversy but the teams are: Alabama, Florida State, plan was already in motion.

FSU was one of the best teams in the country prior to the Jordan only major sport in the entire country Travis injury. The Philadelphia Eagles that does not have a true playoff won the Super Bowl a few years ago system. with a back-up quarterback and beat game. Brady is the recognized GOAT at the QB position.

you were in the SEC. It's time to get not deserve a spot. Coincidence? your lawyers working to find a way to exit the ACC.

and then have the ESPN talking heads in the background. spin it to drive viewership.

Greg McElroy had the nerve overcome sub-par QB play and win Now on to Florida State. a National Championship". Well Greg title game win against Texas.

As of today, the best four now and it's clear they should bolt to teams are: Alabama, Georgia, Florida a more respected conference like the State, and Texas. Cheaters like Michigan did not deserve to go at all.

The gutless NCAA gave the playoffs after Ohio State lost to them a slap on the wrist. Ohio State Michigan only to drop them out a lost to Michigan, and FSU has a championship defense. The Chicago If Georgia would have beat Bears won a Super Bowl with a Alabama, the committee was still Championship defense and average

> The four most deserving Texas, and Washington.

> Too much subjectivity in the

Also, ESPN is ruining college Tom Brady and the Patriots in that football. Guess who has the SEC TV rights starting in 2024? That's right ESPN. The same ESPN that revealed The ACC let you down FSU. the rankings live last week with the You would have never been left out if same talking heads that said FSU did

You better believe they strong armed this committee into Alabama. The problem with this playoff Go back prior to the reveal and look committee is the messaging they use, how Herbstreit had his helmets aligned

Enough is enough.



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SHAFTED SEMINOLES

CFP Leaves Out Florida State By **Robert Craft**



Il this College Football Playoff arguing will be moot with the CFP expanding to 12 teams next year.

SEC.

But this year is still a four-team into the decision, there is a lot to dissect. And to state it plainly: the College Football Playoff committee got it wrong.

College football has, or at least it used to have up until right now, the best regular season in sports because the games mattered most. We have a smaller sample size in this sport than any other.

To leave out an undefeated 13-0 Florida State in a Power 5 ACC was the was dominant. wrong decision.

undefeated with top-10 wins, were the easy ones. The problem for the College Football Playoff committee was that there for the final two slots.

Sorry, Georgia. You didn't win of the season. your conference title, and in this format, that has to count for something.

Alabama and the SEC are the proverbial elephant in this room. Nick Saban is the greatest coach of all time, and to me, this year was the greatest coaching job he's ever done.

His team got whipped at home by Texas in Week 2 and didn't look any better struggling with South Florida the been paying attention? following week.

big strides and when it mattered most, the Tide made enough plays to knock off a Bulldog team that wasn't anywhere near as dominant in their previous two title seasons.

The problem for Alabama and the SEC is Texas. They beat Alabama convincingly in Tuscaloosa. That happened, CFP will rationalize them away?

and there was nothing fluky about it.

The Longhorns went 12-1, but there wasn't a second-best team in the Big 12 this year. Here's how it broke down: Oklahoma State beat Oklahoma, and Texas unsurprisingly hammered OSU Saturday.

Remember, this was an Oklahoma State team that went 9-3 and had lost by a combined score of 78-10 against South Alabama and UCF. That wasn't going to help Texas' cause.

With that, do we forget that a Arguing over 3-5 is very different week ago Alabama barely escaped against than 10-13. You lose your benefit of the Auburn? Auburn got blown out at home doubt when you lose games. Even in the the week before by New Mexico State, 31-10.

The bigger issue this year was field, and with so many variables factoring Florida State, at 13-0 from the ACC. As we all know, FSU's star quarterback Jordan Travis received a season ending injury near the end of the season. The Seminoles' backup Tate Rodemaker didn't look great at arch-rival Florida. He also sustained a concussion.

> FSU's third-stringer, Brock Glenn, had a shaky outing in the ACC Championship Game, but their defense

Braden Fiske and Jaden Verse Michigan and Washington, both led the Seminoles with 14 TFLs and 7 sacks. Not so coincidentally, that same FSU defense began the year by dominating LSU and the SEC's biggest star, Jayden were three teams with legitimate arguments Daniels. Florida State held the nation's No. 1 offense to its worst performance

> FSU was the only team that held Daniels under 60 percent passing in a game. Daniels ran for almost 100 yards less (99) against the Noles than when he played the Crimson Tide.

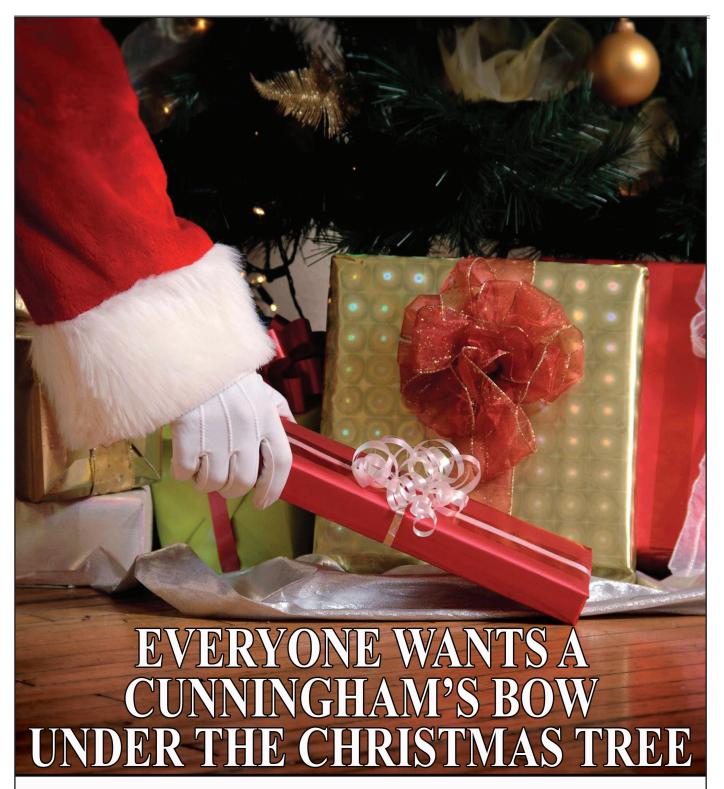
> I get it. The SEC has been the most dominant conference in college football for the past two decades. But this year is not like those other years. Have you

It's a down year for the SEC. The But Jalen Milroe kept making ACC actually went 6-4 against the SEC in 2023. If this was a one-loss FSU, I'd say they didn't earn their way in, but they won, so they did.

> In the same argument, Texas should not have been left out for a team they beat.

What's the point of winning if the



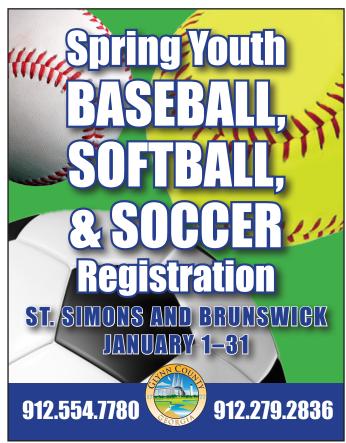


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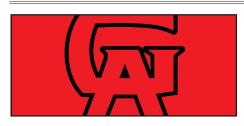






TERROR-IFIC SEASON

Glynn Academy Season Recap By Joe Delaney



Well, as we head toward the holidays, it's time to take a look back at the 2023 Red Terrors football season.

The Terrors rolled to a successful 8-3 campaign, claiming the second seed in the region, and barely missing out on another playoff win. And while the Red and White southsiders would have loved a few more W's, it was all and all a great season capped off with an overtime sinking of a Pirate ship. Any season with a city championship win over the Brunswick Pirates is considered a successful campaign for the Red Terrors. Trust me, I know!

So, let's do a quick recap of another fine season for the Terrors and take a quick look at what's coming back for the 2024 outfit.

8/18 Glynn Academy vs Statesboro Blue Devils. Terrors roll in the opener 21-0.

8/25 Glynn Academy @ MCA Buccaneers. The Red Terrors cruise up Highway 17 and take out the always tough Buccaneers in a close one 14-6. McIntosh Academy always plays bigger than they are and this one was no exception.

9/1 Glynn Academy vs Camden County Widcats. The Terrors find out on this Friday night that they aint the biggest boys on the block as the Wildcats rough up the homestanding Terrors 44-13. The Wildcats and Jeff Herron go on to the Final Four of the 7A playoffs.

the Wildcats to bounce back into the vou lose. win column and all eyes turn to the Camden team that ripped Glynn the short in a heartbreaker 32-31. week before.

Brunswick High Pirates. advantage of them. Ahhhhhhhhhhhh lets enjoy this one in a 22-15 overtime thriller.

trophy case. In this one the Terrors Red and White. and Pirates find common ground from us. Agreed...... Once again GLYNN program. 22 Brunswick 15.

goes up...... The Red Terrors Glynn's great wide receiver. play like they have a hangover that a whole bottle of aspirin won't help. represented with Jayden Ellis at QB, 49-3 Rebels, who go on to win the Parker, Prince, RB Willie Butler, region championship.

South Effingham High School OLB, Ryan Young DB, Marshan Mustangs. The Terrors regroup and Turner DB and Tuck Tucker P all First pulverize the Mustangs 35-0.

10/12 Glynn Academy @ over Grovetown 43-3.

Evans Knights. Another road trip Zeb Jackson WR, Sean Wallace WR, and another win as the Terrors take Caziah Alston, Benton Dyal and Josh out a tough Evans team 22-14.

Lakeside Panthers. The Terrors get DB and LS Jeb Carson. tuned up for the 6A playoffs with a 50-7 pasting of the Panthers at Glynn to the consistent work ethic put in County Stadium.

11/10 Glynn academy vs Jonesboro Cardinals. Let's see, what

9/7 Glynn Academy vs do you get when you fumble 3 times Baker County (FL) Wildcats. Glynn and have 2 punts blocked? It doesn't grounds out a tough 27-20 win over matter who you are. 98% of the time

Well, the Terrors did their Pirates, who have already taken out a absolute best to be in the 2% but fall

> Too many mistakes to 9/22 Glynn Academy overcome against a team that took

The Terrors lose at home in again. The Red Terrors sink the Pirates the final game of the year and end up with an 8-3 record. Not what Coach The City Championship once Rock and the Terrors wanted but again resides in the Glynn Academy another successful campaign for the

The Terrors graduated some the top down to the 3rd stringers. We real leaders in 2023. Kids that worked don't like them and they don't like their tails off and stuck with the

Among them were Peyton 9/29 Glynn Academy @ Parker, who earned Region Defensive Effingham County Rebels. What Player of the Year, and David Prince

> The all-region team was well Max Poysky OL, Quay Evans DL, 10/6 Glynn Academy vs Da'Vontae Lang ILB, Trent Tankersley Team selections.

Second teamers included Grovetown Warriors. Glynn has a nice Deuce Hidalgo TE, Harrison Knight trip up north and walks and runs all OL, Camden Wilson DL, Gavin Wells OLB and T.Y. Chisom DB. Honorable 10/20 Glynn Academy @ Mentions were Michael Torello FB, Baker all on the OL, Tae Green DL, 11/3 Glynn Academy vs Chandler Owens LB, Bruce Edwards

> Quite a list and a testament by the Terrors and the coaching staff.



SUCCESSFUL PIRATE VOYAGE

Brunswick High Season Recap By Kipp Branch



The 2023 Brunswick High Pirates had another good sailing through the waters of region center for the Pirates. Hunt was a team made some huge kicks for BHS in his 2-AAAAAA this fall.

fine 7-4 record and won a first round 28-22 after trailing 22-7 at halftime.

program in fantastic shape, leaving finished at BHS. The wonderful thing with a 36-10 overall record, three for Pirate fans is that Kent has two Team: region championships, and three city more years in the blue and gold. championships.

football season at Brunswick High School. This team and group of seniors accomplished many things prolific pass catcher in BHS history. in their career here at Brunswick High. Looking back at this season it was definitely built on the hard work & dedication from the off-season workouts, spring football, summer a lot of football for BHS. Played well be elite on offense in 2024. Defense workouts, summer OTAs, & in season practices. I am proud of this team and replace next season. the way they competed from every start of each game to the final whistle. a thumper. His best football is ahead

I am very proud of our coaching staff and the job that they did this season as well. Our coaching staff not only developed our players on the field, but they developed them into young men with character and prepared them for the game of Life. This team showed a lot of resiliency & grit.

This team went through a lot of adversity and instead of letting it get the best of them, they fought through

it and developed as a TEAM. Many of him. players gained valuable experience that we can build on and I am looking Kentucky bound Smith is simply one forward to next year. GO PIRATES!"

players on the All-Region Team:

Jack Hunt/OL: Hunt had a Smith. fantastic senior campaign playing leader on the offensive line and will career. He will be missed. The Pirates finished with a play college football next fall.

State playoff game over Mundy's Mill more than likely be the highest rated long snapper and stepped in and football prospect to ever come out made a huge 38-yard FG in the City This senior class leaves the of Glynn County once his career is Championship game this fall.

Head Coach Garrett Grady returns for his senior season next fall, things from him. had this to say about the 2023 Pirates: and you can expect massive things "We had another great from him and the Pirate offense next a fine junior season. season.

> TJ Mitchell/WR: The most Remember this name folks. Mitchell's play-making abilities will long be talked about on Altama Avenue, and he will be missed greatly.

River Creel/DL: Creel played as a freshman and will be hard to will need to replace some studs. Look

Devin Smith/LB: The of the greatest players ever to roam The Pirates placed many on the defensive side of the ball for Brunswick High School. Period end **Region 2-AAAA First Team** of story. You do not replace a Devin

McClain Fineran/K: Fineran

Landon Etheridge/LS: Heze Kent/TE: Kent will Etheridge had a fantastic season at

Region 2-AAAA Second

Grant Moore/QB: Moore Jamarious Towns/RB: Towns will be a junior next fall. Expect huge

William Heck/RB: Heck had

Waseem Murray/WR:

Chase Richardson/OL Donyea Broughton/DL Michael Daniels/LB Tavion Gadson/DB

Garrett Grady's Pirates will for the Pirates to compete for another J'Shawn Towns/LB: Towns is Region Championship in 2024.





THE KNIGHTS JOURNEY

Frederica Season Recap By Jeff Doke



oach Brandon Derrick is pretty confident for a guy with a combined .500 record over the last three seasons.

But confident he is, and so are his players - players who trust the process. It's a process that goes by the philosophy that you can't make yourself a better team playing against lesser competition.

Steel sharpening steel, iron sharpening iron, buzzsaw scheduling - whatever you want to call it, the against Valwood Academy was honors to Triplett and Thompson, results are tangible.

Said results would need to be evident quickly this season. With QB Sutton Ellis graduated, Coach Derrick made the bold decision to move to a full-time wildcat formation with Triplett under center.

The big question would be how the change in offensive scheme would affect Triplett's pursuit of history. Triplett would start the year with 5,856 rushing yards and 92 TDs. Those numbers meant that with an

could easily find himself in the top wrapped up non-region play by a score 20 all-time for both categories in the of 42-21. state of Georgia.

a Brookwood team that beat the Knights by 4+ touchdowns in a season with a knee injury. quarter and a half of play in 2022, a different team by notching a 56-41

Week 2 wound up being more of the same, with The River running for another 349 yards and 5 TDs, as well as a TD pass to senior WR Kwon Terrell Academy in their quarterfinal Vaughn en route to a 39-35 squeaker against Tiftarea Academy.

The original Week 3 game canceled due to Hurricane Idalia, so a pickup game against Class 4A (SC) Bluffton was added. It was an ugly 44-13 loss.

Bluffton would prove to be McLain & Will Johnson. the first of 4 straight losses against rising senior RB "The River" Jordan powerhouse teams. The high point Fitzjurls wound up #2 in GIAA Class of the run was arguably limiting John Milledge Academy to 17 points (their lowest output since the 2018 state championship game), whereas the low point was the 41-13 loss to goes, I get the feeling we should Tatnall Square.

average (by his standards) season, he against longtime rival Robert Toombs

Region play started at The season opener let us home versus hated rivals Bulloch know that "average" was not to be Academy. Not only was the game a expected this year. Going up against loss, but eventual All State LB Hamp Thompson was lost for the rest of the

Junior LB Hayes Carter filled Frederica showed that this is absolutely in quite admirably, and the Knights were able to run the rest of the region table. Frederica ended the year tied for second in the region and secured a first round playoff bye.

> The Knights dispatched matchup, before falling 56-30 to eventual State Champions Valwood.

> In addition to the All-State All-Region laurels were bestowed upon LB Haves Carter, RB Rico Holmes, Kickoff Specialist/Punter Blake Holloway, and OL/DLs Tucker

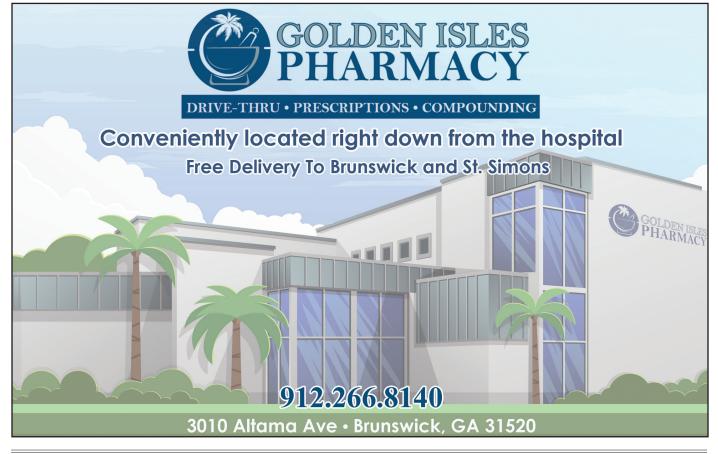
> In addition, K Mary Ford 3A in Kick Scoring, and RB/DB Colt Howes was #4 in 3A for Kickoff Returns and #5 in Punt Returns.

As far as the freshman class expect big things from QB Jaylen A victory the following week Baldwin and RB Jayden Gibson.















SAVE THE DATES

2024 SEC Schedules By Kipp Branch



2024 is upon us. The college football playoff landscape expands to a 12-team beauty contest Sept. 7: vs. Tennessee Tech moving forward.

The SEC officially released Sept. 21: BYE next year's schedules recently. Not Sept. 28: at Alabama enough space to go through them all, but I will go through the historical SEC programs and Oklahoma and Texas.

Alabama

Aug. 31: vs. Western Kentucky

Sept. 7: vs. USF

Sept. 14: at Wisconsin

Sept. 21: BYE

Sept. 28: vs. Georgia

Oct. 5: at Vanderbilt

Oct. 12: vs. South Carolina

Oct. 19: at Tennessee

Oct. 26: vs. Missouri

Nov. 2: BYE

Nov. 9: at LSU

Nov. 16: vs. Mercer

Nov. 23: at Oklahoma Nov. 30: vs. Auburn

First Glance: Bye weeks before Oct. 5: BYE Georgia and LSU. @Tennessee, @

LSU, and @ Oklahoma the week Dallas, TX) before the Iron Bowl. The Tide will Oct. 19: vs. South Carolina be road warriors in 2024.

Florida

Aug. 31: vs. Miami (FL)

Sept. 7: vs. Samford

Sept. 14: vs. Texas A&M

Sept. 21: at Mississippi St.

Sept. 28: BYE

Oct. 5: vs. UCF

Oct. 12: at Tennessee

Oct. 19: vs. Kentucky

Oct. 26: BYE

Nov. 2: vs. Georgia (in Jacksonville,

FL)

Nov. 9: at Texas

Nov. 16: vs. LSU

Nov. 23: vs. Ole Miss

Nov. 30: at Florida State

First glance: The last five Nov. 16: BYE games are brutal. Will Billy Napier Nov. 23: vs. Alabama still be employed by November? Only Nov. 30: at LSU one cupcake on the slate.

Georgia

Aug. 31: vs. Clemson (in Atlanta, GA)

Sept. 14: at Kentucky

Oct. 5: vs Auburn

Oct. 12: vs Mississippi State

Oct. 19: at Texas

Oct. 26: BYE

Nov. 2: vs Florida (Jacksonville, Fl.)

Nov. 9: at Ole Miss

Nov. 16: vs Tennessee

Nov. 23: vs UMass

Nov. 30: vs Georgia Tech

First glance: Clemson in Oct. 26: at Vanderbilt Atlanta, @ Texas and @Alabama, and Nov. 2: BYE a trap game @Ole Miss sandwiched Nov. 9: vs. Florida between Florida and Tennessee.

Oklahoma

Aug. 31: vs. Temple

Sep. 7: vs. Houston

Sep. 14: vs. Tulane

Sep. 21: vs. Tennessee

Sep. 28: at Auburn

Oct. 12: vs. Texas (at Cotton Bowl in

Oct. 26: at Ole Miss

Nov. 2: vs. Maine

Nov. 9: at Missouri

First Glance: @ Auburn welcome to Jordan Hare Sooners where dreams go to die. Alabama and @ LSU to close the regular season. Are you sure you wanted this Oklahoma?

Texas

Aug. 31: vs. Colorado State

Sept. 7: at Michigan

Sept. 14: vs. UTSA

Sept. 21: vs. Louisiana-Monroe

Sept. 28: vs. Mississippi State

Oct. 5: BYE

Oct. 12: vs. Oklahoma (Cotton Bowl

- Dallas, TX)

Oct. 19: vs. Georgia

Nov. 16: at Arkansas

Nov. 23: vs. Kentucky

Nov. 30: at Texas A&M

First glance: @Michigan, Oklahoma, and Georgia back-to-back, and a Thanksgiving trip to Aggieland. SEC was kind to Texas with the road slate to State, Vandy, and Arkansas who all are terrible now.

Whoever wins the SEC in 2024 will be tested for a deep playoff





JEKYLL AND HYDE

Georgia Southern Season Recap By Colin Lacy



The 2023 football season in Statesboro has been a year out of Robert Louis Stevenson's novel of Dr. Jekyll and Mr. Hyde.

Year two for the Georgia Southern Eagles in Statesboro for Clay Helton has seen highs of capping off a 6-2 start with a Thursday night 44-27 victory over rival Georgia State, emotional weekend in Huntington, and devastating lows of finishing the regular season by falling in the final four games including 55-27 in Boone, NC to App State.

Despite the downhill slide in the back half of the year, the Eagles finish the regular season with a 6-6 record and earned an invitation to the Myrtle Beach Bowl to face Ohio from the MAC. So how did we get to this point?

The Eagles began the season taking care of business to the tune of 2-0 with an opening game win over The Citadel and a revenge victory over the Blazers of UAB 49-35.

Helton's crew then soared to Big Ten country to take on Wisconsin. Although a good showing early, 6 turnovers (including 5 interceptions) got the best of the Blue Birds and saw the Badgers pull away late 35-14.

Georgia Southern would respond the next week on the road at Ball State with 530 yards of total offense and pick up a road win in Muncie 40-3.

After falling to a rolling and undefeated James Madison 41-13 on the road, the blue and white would rattle off 2 straight wins at the prettiest little stadium in America. A come from behind victory against ULM 38-28 at Paulson set up a 5-2 Georgia Southern hosting a 6-1 Georgia State

to Halloween.

Georgia Southern dominated up almost 300 yards rushing, and knocking off the in-state rival 44-27. Brewer Stadium.

That's when the Jekyll turned to Hyde for GSU with a tough final a 14-3 first quarter lead, but App State 4 games of the year and 3 of those would score the next 6 touchdowns on the road.

State victory deep in the heart of Texas to a much-improved Bobcat team 55-27 over the Eagles. under first year head coach GJ Kinne.

of the Marshall plane crash.

return home to try and get off the with the high of 5 also coming against spiral against Old Dominion but the Badgers. wouldn't go the way for the Eagles. ODU led in this game 17-10 in the hampered by injuries this year, has 4th quarter, Georgia Southern tied shown what the future at running the game at 17-17 on a Davis Brinn back can look like with 405 yards and TD pass to Jiay Mcafee with 1:25 4 scores in just 9 games played. Jalen remaining.

would be heading to overtime, but to set up the Ethan Sanchez 22-yard Bobcats, losing 41–21.

team on ESPN 2 the Thursday prior field goal as time expired to snatch the win away from GS 20-17.

The season would wrap up at the Panthers from the word go, racking the Rock against Appalachian State in-front of a sold-out crowd at Kidd

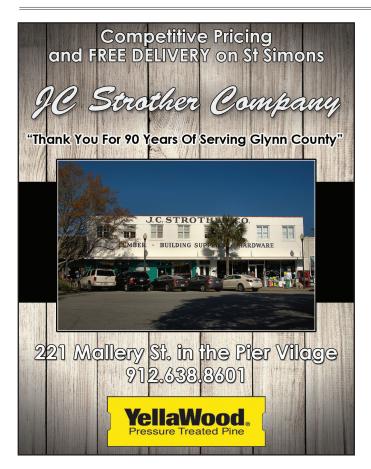
> Georgia Southern would take and take a 48-17 lead thanks to 4 Eagle It began with a 45-24 Texas turnovers. The Mountaineers would finish off the regular season finale

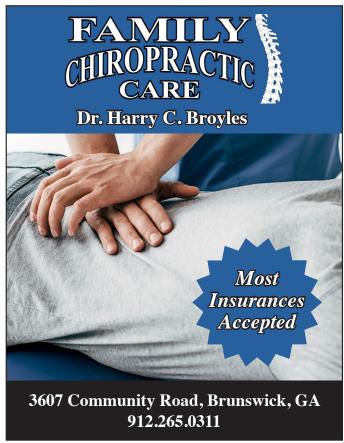
It's not only been a Jekyll Next, Marshall would get and Hyde Season for the team as a the best of the Eagles 38-33 on an whole, but for some individuals as well. Quarterback Davis Brin has seen WV as the Thundering Herd highs of throwing for over 300 yards remembered the 30-year anniversary 6 times this year including a high of 383 at Wisconsin, but also the lows The Blue and White would of multiple interceptions in 4 games

> OJ Arnold, who has been White racked up just shy of 900 yards It appeared that the game on the ground and 10 total TDs.

As expected, Georgia Monarch QB Grant Wilson ran for 28 Southern pulled a Jekyll and Hyde yards up the middle to the 5-yard line in the Cure Bowl against the Ohio









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SATURDAY, FEB. 17, 2024

The Southeast Georgia Health System Foundation Bridge Run across the scenic Sidney Lanier Bridge in Brunswick, Georgia, has been certified by the U.S. Track and Field Association as "the toughest 5K in Georgia."

The Bridge Run also includes a walk and a family-friendly festival, featuring vendors, food and drinks, entertainment and children's activities. Proceeds benefit the Health System's cancer and cardiac care programs.

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