THE SOUTHERN SPORTS EDITION













Cunningham Jewelers - Historic Downtown Brunswick - 912-265-8652

MARCH 2025 EDITION

GET TO KNOW THE WRITERS

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Kenneth Harison Jr is a long time Atlanta native and graduated from Kennesaw State University with a Bachelor's Degree in Communications. Kenneth has a pulse on not only the Atlanta sports scene but the entire southern sports scene as well.



COLIN LACY

Colin Lacy is the voice of the Southeast Bulloch Yellow Jackets. Colin also works with Westwood One Sports and Bowl Season radio for National College Football and NFL broadcasts across the country. Colin also calls Georgia Tech baseball for the Georgia Tech Sports Network and also works with the ACC Network.



BRIAN ALBERTSON

Brian Alberson is the former President of the Georgia PGA and is currently a PGA member.. Brian resides on St. Simons Island and is the current director of Golf at Brunswick Country Club. Brian is the founder of the GIGA Elite Golf Academy and the founder of CJGA Elite Golf Academy.



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Mike Spiers is the voice of the Camden County Wildcats. Mike has been the public address announcer for Camden baseball for over a decade. Mike graduated from Nicholls State University in Thibodaux, LA. Mike is heavily involved in Camden County athletics.



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Teddy Bishop is from south Georgia and graduated from Armstrong Atlantic University. Teddy has been the voice of the Brunswick High Pirates for almost 20 years and is an expert on Tennis, High School Football and MLB.



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Robert is an expert on the Florida sports scene. From the Florida Gators to the Orlando Magic, Robert has you covered.



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Jason Bishop graduated from Kennesaw State University amd formerly worked at CNN Sports. Jason hosts "The Jason Bishop Show", south Georgia's most listened to sports talk show.

OTHER CONTRIBUTORS: JEFF DOKE, JOE DELANEY

he Southern Sports Edition was created to offer sports opinions from a southern perspective. The Southern Sports Edition offers some of the top sports minds and opinions from around the South. From coverage on High School Football to a beat on the Atlanta Braves, the Georgia Tech Yellow Jackets, SEC, ACC and all southern sports with actual southern opinions. The Southern Sports Edition is currently distributed all across Southeast Georgia and growing everyday.

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THEPLAYERS

The Players Championship Preview By Joe Delaney



While the locals throughout north Florida and South Georgia are currently shaking off the February from a rib injury. He may be in the blues weather wise. They know it's time to get going!

One of the major weeks of the year for this area is right around the corner. Yes it's time for the Players tough go for the St Simons Island in the field catch Scottie? Well, the Championship.

This year's edition brings in some real drama. And that's before anyone has pulled a stick out of the bag and ripped one down the Par 4, 423-yard first hole.

Let's get right to it. Can Scottie do it again? In 2023 Scheffler got hot mid round on Sunday and walked away with his first Players.

The next year it was Scottie coming from behind and going low in He has been around the top 10 the final round to win his second in a row. Now begs the question? Three in a row? It's never been done.

In order to break new ground at Sawgrass with a third in a row, Scheffler will have to be on his game. The consensus World's #1 has lately been just that, on his game. Can anyone knock him out in Jacksonville? There are quite a few wanting to take a shot.

THE BIG BOYS:

JUSTIN THOMAS: The 2021 champion has been playing well. With 3 top 10s in 5 starts this year, Justin can come in and let her rip. He knows the course well and is a crowd favorite. If he can get in the mix on Sunday, watch out.

RORY: Well, of course.

LUDVIG ABERG: Guess I but he is due. should put him in here since he won the RSM in 2023 right? Not hardly, veteran St. Simons pro who is playing the young Swede is cool, calm and well with a win earlier this year at the dangerous. He is rapidly becoming Farmers Insurance Open. He has all one of the best of the rising young the tools and temperament to have guns in the game. If he plays his game his time to shine. watch out!

field but I think we are asking a little much.

DON'T BET AGAINST:

BRIAN HARMAN: A pro recently. But his last 4 results have gotten consistently better. If he is in it on Sunday, there will be a lot of people pulling for this guy.

one scares this guy. He hasn't made on the tour, he has played in 133 any noise lately but if he can just take events and made the cut 114 times! out that one bad round he seems to be having in the last few weeks, he could surprise.

TOMMY FLEETWOOD: numerous times. Consistent, calm, and lethal. I would not give this Brit a break. Do so at your own peril guys!

LONGSHOTS:

here would really move his career golfer's bucket list.

forward. He's definitely a long shot,

HARRIS ENGLISH: Another

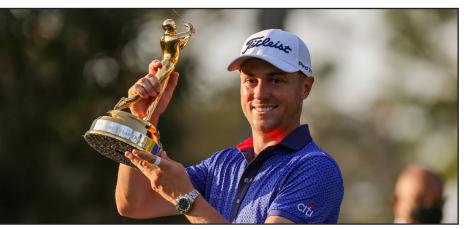
RICKIE FOWLER: It feels XANDER: Coming back funny making Rickie a longshot, but the former winner is that. Put him in the final grouping on Sunday and then watch him drop one real close on 17! How much fun would that be!

> So, can someone above or odds say that a three-peat would be very difficult.

My vote? Let er rip Scottie. The guy is on fire. He won 7 KEEGAN BRADLEY: No tournaments last year. In 5 years His winnings over that time are over 70 million dollars. When you're hot, vou're hot!

> If you get a chance to get tickets to the Players, by all means GO! It is everything a great tournament should be.

The Fans, the golf course, and the community all come together. SAHITH THEEGALA: The And a Sunday final with a seat on the steady, young, 27-year-old pro. A win hill at the 17th should be on every







Beau Sasser, MD

A board-certified orthopaedic surgeon, Dr. Sasser specializes in sports medicine and also serves as medical director of the Southeast Georgia Health System Sports Medicine Program.

Summit Sports Medicine & Orthopaedic Surgery has offices in Brunswick, St. Simons Island and St. Marys.

To make an appointment with Dr. Sasser, call 912-466-7340.



Check out our Podcast!

Unlock health tips and expert advice with Southeast Georgia Health System's podcast, *Health Matters*!



April is right around the corner, and with it comes Little League season. Before you gather the uniforms, bats and catcher's mitts, heed the advice of Beau Sasser, MD. "When baseball and softball season start, doctors tend to see the same injuries, year after year, but these are often prevented by following some simple ground rules." Dr. Sasser is vice chief of Surgery and medical director of the Sports Medicine Program at Southeast Georgia Health System. He sees patients at Summit Sports Medicine & Orthopaedic Surgery.

As a board-certified orthopaedic surgeon, Dr. Sasser diagnoses and treats his share of injuries, especially in athletes. Two mishaps are so widespread among ball players, they bear the name of the sport. "Repetitive overhead throwing stresses the shoulder, which can cause overuse injuries. Known as Little League shoulder, it's an irritation of the growth plate in the shoulder and is common among pitchers and catchers. Little League elbow results from repeated overhead throwing and hitting, which irritates the growth plate in the elbow. It happens more frequently in pitchers," Dr. Sasser says.

Sprained thumbs and ankles, as well as dental and facial injuries, also occur on the ball field.

A little forethought, however, might help prevent these problems. Let's start with some commonsense practices. "Before play, athletes who jog or perform light cardio exercise increase their heart rate and warm up their body. Stretching loosens the muscles, and should be part of a post-game cooldown," Dr. Sasser explains. Players should also wear properly fitted protective gear matched to their position.

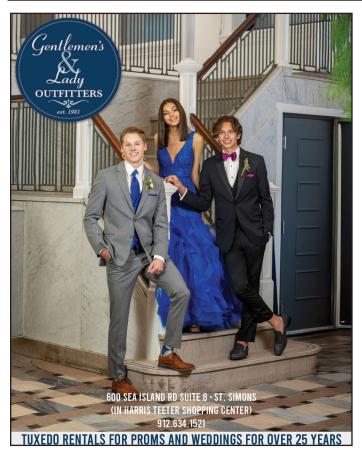
To improve performance and reduce injury, make sure your athlete knows the correct way to bat, field and run the bases. Encourage them to stay hydrated during practice and games. "If you see a player fatigued or faltering, give them a rest break, and don't ever let them play through pain," Dr. Sasser says.

Every player, regardless of age, benefits from doing other types of exercise that engage different muscles. "Cross-training improves overall strength, flexibility and balance and makes players less likely to get injured," Dr. Sasser adds. For the littlest of Little Leaguers, this might involve bicycling or swimming on their days off.

We can't keep kids in a bubble (and we wouldn't want to), so bumps, bruises, sprains, strains and breaks could be part of an active child's life. "Elbow injuries in young kids typically respond to rest. Ice also decreases swelling and pain," Dr. Sasser says. "If the pain lingers or flares up when the player throws a ball, see a doctor." Unless there's a broken bone or torn ligament, surgery generally isn't necessary.

To prevent injuries, a coach or trainer can assess and instruct your child to improve their throwing technique. Another strategy to avoid Little League elbow is to follow recommended pitch counts – the maximum number of pitches a player can safely throw in one day. For instance, children aged seven or eight should limit their daily pitches to 50. Teens 17 to 18 can throw 105 pitches daily. For complete guidelines, see the Major League Baseball website at mlb.com/pitch-smart/pitching-guidelines.

Following these guidelines will help ensure a winning season, regardless of the scores.









THE GOAT

Jeff Herron Entering Hall of Fame By Michael Spiers



High School football coach Jeff Herron straight region championships, and may have hung his whistle up for good at the end of the 2023 season, but those that know this man like I 28-game overall winning streak. do understand that he has never been one to stand on life's sideline.

embodiment of "Team First", but all of by ESPN as the program of the decade us that call Camden home are thrilled in Georgia for the 2000-2010 decade. to see him get the individual honors that he so justly deserves.

High School Football Hall of Fame Christian (2013-15) in Georgia, and southeasternmost county are eternally announced that it will induct Jeff at T.L. Hanna (2017-18) in South Herron into its newest class.

Coach Herron roamed the sideline for 32 years as the head man inducted into the Hall of Fame at at high schools in Georgia and South Emory & Henry College in Virginia, Carolina, compiling an overall record where he was a starter and four-year of 334 – 69. His record of 312 – 54 in Georgia alone, a winning percentage of 85.3%, is good enough for second best the 1981 season when he was named a into coaching eternity, as a Camden in the state's history and 34th best in national high school football history.

Herron was named Region or Area Coach of the Year 25 times and the Georgia Coach of the Year 9 times in those 32 years. He was the Atlanta Falcons High School Coach of the Year in 2009. He has led 19 region champions, had 10 final four appearances and five state championships.

He is the only head football coach in Georgia High School Association (GHSA) history to win state titles at three different schools. He won his first state championship

while at Oconee County in 1999, three at Camden County in 2003, 2008 and 2009, and his final at Grayson High School in 2016. That 2016 team at Grayson went 14-1, winning the GHSA 7A State Championship and the Public-School National Championship.

Coach Herron's Camden egendary Camden County County Wildcat teams also won 12 hold the state record with a 58-game regular season winning streak, and a

Wildcats were ranked in the USA Coach Herron is the living Today Top 25 six times and selected for Coach Herron. Two weeks after

He also coached Walton (1989), Cedar Shoals (1990-93), This week the National Wheeler (1995-96) and Prince Avenue Carolina.

letterman.

2nd Team All Old Dominion Athletic County Wildcat. Conference (ODAC) player.

In September of 2024 it was announced that Coach Herron will also be inducted as part of the 2025 Georgia Athletic Coaches Association (GACA) Hall of Fame class, which will also include former Charlton County High School head football coach Rich McWhorter, former Dougherty County and Troupe County head coach Charles Flowers, and basketball coaches Anzy Hardman and Rufus McDuffie.

The GACA induction will be During his tenure, the on May 31, 2025 in Dalton, Georgia.

> Its going to be a busy summer the GACA ceremony, he will be inducted into the National High School Football Hall of Fame on June 14th in Canton, Ohio.

All of us in Georgia's grateful for everything Coach Herron has accomplished as a coach, but we In 2022, Jeff Herron was are most indebted for his role as a teacher, and a leader of young people when we needed it most.

The best news of all...Jeff Herron goes into the National High He was the team captain for School Football Hall of Fame, and





















NEW DIRECTION

Jags Hire Liam Coen By Robert Craft



iam Coen was recently formally introduced as the Jacksonville stood out from the opening round Jaguars newest head.

During the press conference, he addressed the whirlwind of speculation from last week; he was set to return to Tampa Bay as the regret for the Jacksonville Jaguars," Buc's offensive coordinator — with Khan said of the coaching search. have to start as a team, as a group a substantial raise to keep him put.

a clandestine meeting with the Jaguars will achieve the ultimate goal as long he will call the plays as head coach. that ultimately led to him accepting as we have the right man. And that the team's head coach position.

Tampa was a phenomenal one to get itself. Quarterback development is the my feet wet in the NFL as an offensive bedrock of modern NFL and Liam has coordinator and I thank them so much delivered that wherever he's coached." for that opportunity," Coen said.

research and gain more information two seasons removed from winning the as you go, it started to become more AFC South and reaching the divisional clear with every hour that this was round of the playoffs. That playoff in the hiring of the next general an opportunity that you just can't victory came in Doug Pederson's manager. His main task on the field pass up for so many different reasons. first of three seasons as coach before Ultimately, you want to do what is best his firing. for you and your family. That is what this came down to.I will always love QB Trevor Lawrence, wide receiver will depend on if he make Lawrence a and remember those guys in Tampa Brian Thomas Jr., and defensive ends high performer, or at least a solid QB. — my players, those guys, love them to death — but this is an opportunity to also go do it with new guys and go reach and touch people because that's what coaching and teaching is and that's what this opportunity is all about. Head and eyes up and moving forward."

From when Coen was set to return to Tampa Bay to when he accepted the Jaguars job, one major change occurred in Jacksonville. Jacksonville fired their General Manager. Coen said the Jag's decision had nothing to do with his decision.

an opportunity to work for an owner and a group of people with a group of players that needed some help," Coaching is all about going to help people and be around people. That (the GM dismissal) was not a factor."

of interviews and finding a guide for quarterback Trevor Lawrence was paramount.

"This was a moment of progress, The next day, Coen attended optimism and confidence that we man was Liam Coen. Why? Liam's "The opportunity to coach in outstanding body of work speaks for

In Jacksonville, Coen inherits "As you continue to do more a team coming off a 4-13 season and is

"This was completely about Josh Hines-Allen and Travon Walker. The team also holds the Number 5 pick in this year's Draft.

"This is not a four-win team," Coen said. "That is what coaching is. Coen said. "Yes, that is the record (from last year) but this is not a four-win team. How do we go from winning games to not losing them? I Owner Shad Khan said Coen think that is something we've got to address. That has to be in our veins, in our DNA and in our culture of winning. I've learned it from the Los Angeles Rams and a ton of other great "This wasn't a moment of organizations of how to go and win football games. That's something we and show how we are going to do it."

Coen confirmed Monday that

Khan said that the next priority is to build out Coen's staff, giving every indication that he is not in a rush to hire a new general manager. He did, however, ensure the team would have one announced by Feb. 28. Assistant general manager Ethan Waugh is serving as the team's interim general manager.

Coen will have a strong voice is maximizing Lawrence's skills.

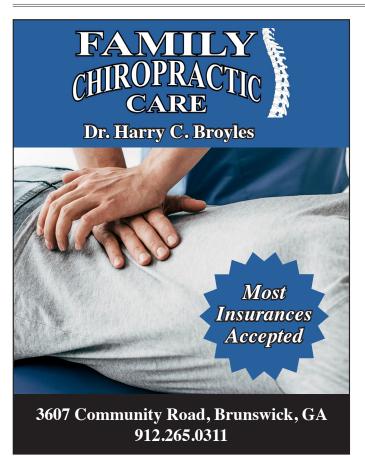
By today's standards, Lawrence Coen has a roster that features is a below average QB. Coen's success

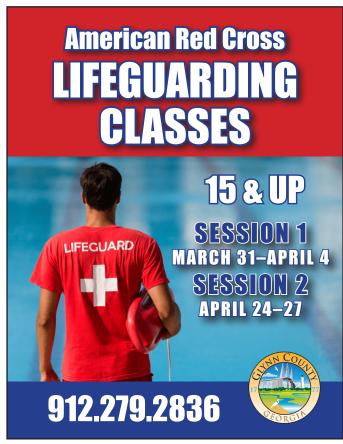


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PRO BOWL STING

Southeast Bulloch Yellow Jackets at NFL Pro Bowl By Colin Lacy



he NFL world flocked to Orlando last weekend to watch the game's best in the 2025 Pro Bowl Games. The "game's best" applies in a couple of different scenarios.

The obvious is that of Jared Goff, Fred Warner and Bijan Robinson, some of the best in the NFL, but also applies to the names Jaci Kitchings and Jadyn Williams.

Jaci and Jadyn are two seniors that wrapped up their careers at Southeast Bulloch with the school's fourth consecutive state championship back in December but represented the NFC squad in the first NFL Girls Flag All-Star Game.

The inaugural event put on by the NFL saw thirty high school girls from all over the country (even two from Alaska) which included the two SEB Yellow Jackets competing in a flag football All-Star game to kick off the festivities on Sunday at the 2025 NFL Pro Bowl Games.

The NFL rolled out the red carpet for the Girls Flag Football All-Star Game participants including Kitchings and Williams.

The two Jacket players were flown down to Orlando on Friday before the Sunday afternoon game and not only got gear for the event, but the opportunity to take in some of the local attractions in Orlando and events with the NFL Pro Bowl players.

"They have had the best experience," said SEB Head Flag Football Coach Marci Cochran. "What a great event by the NFL and

I'm super excited they both got to have completed all four years, so they're participate."

they were named to the thirty-girl back tears. "Jaci has grown so much. roster just before the semifinals of Her development and dedication are the GHSA state tournament and awesome. Jadyn was always a really were ecstatic to get the news but had good player, but to watch her learn unfinished business to take care of.

in familiar ground on the stage in from freshmen to seniors is really Atlanta after an overtime thriller impressive." having won their fourth consecutive state championship and capping off effort from the NFL League Office all an 82-1 record in their SEB careers.

when the program began (when school level. Kitchings and Williams were freshmen) and have won the state championship the Falcons itself sponsor a team in each of the first four years of the Alabama and there's a couple other program's existence and winning 82 states that they're starting to dive into out of 83 games played in program to be able to start flag football there," history. The lone loss in program said Cochran. "Just the money and history came this year against the support they give for all these schools private school sector in Calvary Day to be able to provide a flag football out of Savannah.

Head Coach Marci Cochran as she expensive to start a new sport, so their watched Jadyn and Jaci play in the All- involvement in flag football has been Star game in Orlando and looking back awesome." on the last four years she said "After starting four years ago and lost our first will get to do it one more time as game this year which was devastating SEB heads to Canton, Ohio for the but in the long run it helped us win National Flag Football High School another state title. Four in a row which Tournament, the experience at the is more than any other team in the NFL Pro Bowl Games really put a nice state of Georgia. We're super excited bow on a historic career for these two about the growth of our program and and would have been hard to believe a adding a middle school program last couple years ago said Coach Cochran. year which helped us too."

snap that both Jadyn and Jaci have opportunity. To be in this stadium, to and have become not only trendsetters even with the Goodyear Blimp. Who on the national level at the Pro Bowl would have ever thought that four foundation of the SEB program.

"They're the first seniors that

very special to us and we hate to be Jaci and Jadyn found out that losing them," Cochran said holding the game and understand the game is They would find themselves fun and to watch both of them grow

The NFL has made a concerted the way down to the different teams Southeast Bulloch Flag investing in the sport of flag football Football burst on the scene in 2021 at all levels, but especially at the high

> "For the sport as a whole, program without it having to come I got to catch up with SEB out of their own pocket is huge. It's

> > While Kitchings and Williams

"To see them get to play Coach Cochran has seen every down here (in Orlando) and see this taken in their flag football careers have the game broadcasted on ESPN Games but also helped set the fantastic years ago? So, it's really special to be down here with them."



THE GEAR

Annual PGA Merchandise Show By Brian Albertson



As a Class A member of the PGA, I attend the annual PGA merchandise show for various reasons.

This year marked my 30th trip to Orlando for the show. The show is always the launchpad for the newest, most innovative products in the golf industry.

For PGA members, this is also an opportunity for mandatory continuing education credits, and networking with fellow professionals from around the world.

But for the average golfer the PGA show is almost beyond words in size and scope. This year marked the largest turnout in 15 years as over 33,000 golf industry professionals from every state and nearly 100 countries came together again in Orlando to view displays and booths from over 1,100 golf industry vendors.

The Orange County Convention Center covers many acres, and the show floor is divided into three distinct categories of vendors.

It is traditional that the far right of the building is the apparel showcase with every brand of golf clothing, headwear and accessories that you have ever heard of and many new lines.

Honestly, PGA professionals and buyers for their respective golf shops are most likely seen in the apparel section meeting with their apparel reps for personal viewings of their favorite lines. It is also easy to stroll by every company to see if something catches your interest. As the show is in January, the apparel companies are primarily showing fall

and holiday offerings for the same year.

The middle of the show floor highlights golf industry needs such as carts, range, trophies, travel, teaching, clubhouse, software.

This is where I spent most of my time this year comparing all the different launch monitors for teaching in club fitting. We have recently expanded our Golf learning center to three bays, and I was charged to properly outfit our facility with the newest technology. I have used Trackman and Flightscope in the past but fell in love with the new Foresight equipment this year.

Lastly, the left side of the show floor is where you find all the golf clubs and ball companies with massive displays of every product that they offer.

Each major golf club company has a booth the size of a grocery store. This is where all the fun happens and where most of the general golf enthusiasts' traffic is during the PGA show.

If you were at the show, we all love the game and we all can't wait to see the new products that launch the week of the PGA merchandise show.

This year did not disappoint as Callaway launched their new Elyte family of clubs. Titleist introduced their new version of the ProV 1 golf ball and Vokey wedges. The new pings, Taylor maids and Mizuno were all popular with the Mizuno STZ driver coming in at the best value of \$299.

If you've never been to the PGA merchandise show, I highly recommend it. You will not be disappointed, and it is always exciting. I hope to see you all In Orlando next January!!!

In the meantime, happy golfing.





SOUTHERN DRAFT

AFC South Draft Predictions By Kenneth Harrison



The 2025 NFL Draft starts April 24, 2025 at Lambeau Field in Green Bay. We are going to take a look around the AFC South and see what position each team should address in the first round.

Tennessee (3-14): The Titans are tied with Cleveland and the New York Giants for the worst record in the NFL. That earned them the first pick in the 2025 draft.

Quarterback Will Levis was drafted in the 2nd round, No. 33 by the team in 2023. He started the season opener and for a total of twelve games.

He passed for 2,091 yards, 13 touchdowns, 12 interceptions and he completed 63% of his passes. He showed that he takes risks and throws bad interceptions. I think Tennessee has to look at their QB of the future.

The most likely candidate to pick is Cam Ward (Miami). This year's quarterback class is considered weak but Ward is the best in this class.

He transferred from Washington State and played great at Miami. He threw for 4,313 yards, 39 TD's, 7 interceptions and completed 67% of his passes.

He also rushed for 204 yards and 4 scores. Ward won the Davey O'Brien Award (2024), Manning Award (2024), ACC Player of the Year (2024) and Consensus All-American (2024).

Jacksonville (4-13): The Jags need help on the defensive line or in the secondary. They have the fifth pick so I think they will draft a pass rusher.

The best pick is Abdul Carter (Penn State). He was an off-ball linebacker his first two years before he was moved to edge rusher for the

2024 season.

In 2024 he had 43 solo tackles, 24 tackles for loss and 12 sacks. Carter was a Unanimous All-American (2024), Big Ten Defensive Player of the Year (2024) and two-time first-team All-Big Ten (2023, 2024).

He's 6'3 and 259 pounds so he has great size and speed. He's a great athlete that could have an immediate impact like another Penn State pass rusher has recently, Micah Parsons.

Indianapolis (8-9): The Colts were only one game under .500 so they are close to becoming a playoff team. They have the No. 14 pick.

Quarterback Anthony Richardson was drafted 4th in the 2023 draft. In his two seasons he has only played in 15 games. They are really hoping he can stay healthy and make a drastic leap going into his third season.

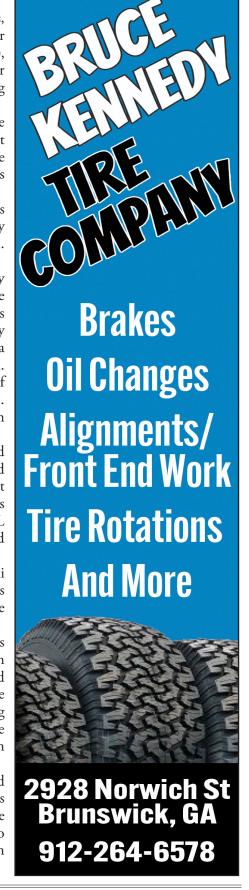
Indy can go in a couple of different directions with this pick. They could select an offensive lineman or defensive back.

If they pick a lineman it could be inside offensive lineman Armand Membou (Mizzou). He was a tackle at Missouri but he's 6'3 and 332 pounds so he's not the ideal size for an NFL tackle. He will probably be moved inside to guard.

If they pick a DB safety Malaki Starks (Georgia) might be the pick. He's very smart and athletic so he would be a great fit.

Houston (10-7): The Texans were very inconsistent but they still won the division and a playoff game. Second year QB CJ Stroud regressed and the offensive line did a bad job protecting him. They can address the offensive line, defensive line or add a weapon on offense. They are picking No. 25.

I think they might draft guard Grey Zabel (North Dakota State). He's listed as 6'6, 305 lbs. and he's a two-time FCS national champion. He was also named first-team FCS All-American (2024).





NEEDS

NFC South Draft Predictions By Kenneth Harrison



he 2025 NFL Draft starts April 24, 2025. I looked at the AFC South and examined the potential first round picks. Now let's take a look at the NFC South.

Carolina (5-12): The Panthers hold the 8th pick in the draft. They drafted quarterback Bryce Young with the top pick in the 2023 draft.

They had the ninth overall pick but they traded D.J. Moore and several other draft picks to Chicago to move up. One of the picks they traded was the 2024 first round pick, which turned out to be the first pick overall.

C.J. Stroud was drafted second in that draft and he was named NFL Offensive Rookie of the Year and made the Pro Bowl in 2023.

Thus far Young has looked like a bust. He played poorly and got benched last season. He got back in the starting lineup Week 8 and he played much better. The biggest team needs are edge, defensive tackle, wide receiver and center.

edge James Pearce Jr. (Tennessee). I did not happen. think the biggest focus should be on defense but they have a chance to add the end of the season for rookie a weapon to help Young.

McMillan had 84 receptions, 1,319 yards and 8 touchdowns last S, CB, C and WR. It seems like every season. He was a Consensus All-American and First-team All-Big 12. being able to rush the passer.

Pearce had 23 solo tackles, selection (2023, 2024).

New Orleans (5-12): The Saints hold the 9th pick. They recently Buccaneers have the 19 pick. They hired Eagles offensive coordinator had a pretty good season, losing to Kellen Moore as head coach. They Washington 23-20 in the Wild Card started the season with two wins before round of the playoffs. going on a seven-game losing streak.

to strengthen the offensive line.

James Pearce Jr. the Saints will. If he of Mike Evans' contract. is not available I can see them drafting Second-team All-SEC in 2024.

head coach Raheem Morris and signed

I can see the Panthers drafting QB Kirk Cousins. They expected to WR Tetairoa McMillan (Arizona) or be a playoff team in 2024 and that

> Cousins was benched toward Michael Penix.

> The positions of need are edge, year we talk about the Falcons not

I think they will take edge 13 tackles for loss, 7.5 sacks, 1 forced Mike Green (Marshall) or edge/LB fumble and 1 fumble recovery in 2024. Jalon Walker (Georgia). Green had He's a two-time First-team All-SEC 38 solo tackles, 23 TFL, 17 sacks, 3 FF and 1 FR last year.

Tampa Bay (10-7): The

The biggest needs are WR, The biggest needs are edge, OG, LB, CB and OT. Receiver Chris WR, TE, CB and DT. They also need Godwin suffered a season-ending ankle injury in October and he might depart If Carolina does not draft in free agency. 2025 is the final year

I think they will draft CB OT Armand Membou (Mizzou). Jahdae Barron (Texas). He won the He's had 30 starts in three seasons Jim Thorpe Award (2024), Consensus and played in 36 games total. He was All-American (2024) and First-team All-SEC (2024). Last season he had Atlanta (8-9): The Falcons 46 solo tackles, 5 interceptions, 11 have the 15th pick. The team hired passes defended, 3 TFL and 1 sack.





ANOTHER SHAKE-UP

More Changes Coming to CFP By Michael Spiers



ow that it's been almost a month since the conclusion of the first ever 12-team college football playoff format, leaders of the two most powerful conferences are set to meet today in New Orleans, and those meetings could have a major effect on the product we watch over the next few years.

College football's playoff system is about to get another shakeup, with serious talks of expanding to 14 or even 16 teams as early as 2026.

The Big Ten and SEC are leading the charge, pushing for automatic bids for their teams, and it looks like they're going to get their

The most likely format would guarantee four spots each for the SEC and Big Ten, two each for the ACC and Big 12, and one for the highestranked Group of Five team. Notre Dame would also get a guaranteed spot—if it finishes in the top 14.

That means if the playoff stops at 14 teams, there might not be any extra at-large spots some years.

In this setup, the top two teams would get byes in a 14-team field, but if they go to 16 teams, nobody gets a bye—just straight into the action.

The selection committee would also take a backseat, with rankings deciding the seeds instead of a room full of administrators debating which 8-4 team is "better."

One big change could be how conferences handle their schedules. The SEC has been debating whether to move to a nine-game conference schedule for years, and with automatic the ACC and Big 12 might follow.

There's also talk of a scheduling even further. agreement between the SEC and Big every year. That would be great for could also expand. fans, TV ratings, and—of courserevenue.

center stage, conference championship games could change or even lose some importance.

looking at new ways to determine to 14 or 16 teams, the SEC and Big their four teams, like play-in games where, say, the third-best team plays taken care of. the sixth best, and the fourth-best plays the fifth best, with the winners might look different, scheduling could grabbing the last two playoff spots.

Meanwhile, the ACC and Big 12 aren't thrilled about the SEC and Big Ten grabbing the biggest share of about two things: more playoff spots auto-bids.

Phillips says the playoff should up—college football's postseason is be "a true championship, not an about to get a whole new look. invitational," but let's be real—the CFP has always been more of an invite system than a true playoff.

It is also important to consider the fact that ESPN is shelling out \$1.3 billion a year for CFP broadcast rights starting in 2026, so they have a big say in all of this.

There are concerns that a playoff dominated by the SEC and Big Ten could push fans from other conferences away.

If the field expands to 14, there will be two extra first-round games in December, competing with the NFL.

A 16-team format would add four extra games, which could mean renegotiating TV deals to bring in even more money.

This playoff expansion is just part of a bigger power shift in college sports. The SEC and Big Ten have

bids locked in, they might finally do already secured more control over it. The Big Ten already plays nine, and the CFP's format and money, and they're looking to take that influence

Beyond football, these Ten, setting up big non-conference conferences—and others—are pushing matchups like Georgia-Michigan, for more control over things like the Texas-Ohio State, or LSU-Oregon NCAA basketball tournament, which

> Everything is being driven by TV deals, revenue sharing with With automatic bids taking athletes, and the battle for financial dominance in college athletics.

> Decisions are expected soon, but one thing's for sure—change is The SEC and Big Ten are coming. Whether the playoff grows Ten are making sure their teams are

> > Conference championships get a shake-up, and TV money will continue to drive the sport's future.

At the end of the day, this is all for the biggest conferences and more ACC Commissioner Jim money for everyone involved. Buckle





BIG RED RIVER

Jordan Triplett Transfers to Cornell By Jeff Doke



ordan Triplett knows a thing or two about making moves on the football field. Now, he's making a big one off the field.

The Class of 2024 Frederica Academy alum is transferring to Cornell University.

Triplett entered the NCAA Transfer Portal earlier in the month after spending his first year in college at Air Force Academy.

While he was impressive in practice and dressed for several games, Jordan did not take the field for a single down in the regular season.

While disappointing, this was not surprising, considering AFA Head Coach Troy Calhoun hasn't used a freshman in-game since his second year at the helm in 2007.

Contributing to his decision to enter the portal was the speculation that he would still be at best 3rd string in the Falcon's Running Back room, leaving him with only two years at best to make his case with the NFL.

At Cornell, Triplett is expected to contribute on the field immediately and will still have 4 years of eligibility remaining.

Located in Ithica, New York, Cornell University plays in the Ivy League Conference and is one of the oldest football programs in the country. Known as "The Big Red," Cornell claims five National Championships - the most recent in 1939 - and three Conference Championships in 1971, 1988, and 1990.

Triplett joins the team for the second season under Head Coach Dan Swanstrom. While the team went 4-6 in his first year at the helm, Swanstrom

three conference championships while leading the Ithica College Bombers of easily established. the D-III Liberty League.

received offers from seven other schools including Carson Newman, San Diego, Marist, Stetson, Elon, and Idaho State.

The final decision came down to Cornell and the 2023 D-II National Champion Harding University Bisons, who offered Triplett a full scholarship as well as an NIL package. The decision between the two was not an easy one according to Jordan's father Mark Triplett.

"If Jordan would have went to Harding, he would be able to compete for a National Championship," said the elder Triplett.

"Harding is a good school academically but Jordan has always looked for schools with strong academics. He wanted to play in the Ivy League because he knows that an education from there would set him up for life. He strongly considered Columbia before he went to Air Force, but there was so much going on in NYC at the time he reconsidered."

While recommendations from Frederica's Head Coach Brandon Derrick and his staff - as well as Glynn

does have an impressive all time head Academy Head Coach Rocky Hidalgo coaching record of 36-17, including - helped to get the conversation with Cornell started, the chemistry has been

> "(Jordan) met the RB coach While in the portal, Jordan (Assistant Coach Terry Ursin) in person and has spoken with the head coach and offensive coordinators a lot over the last couple of weeks," explains Mark.

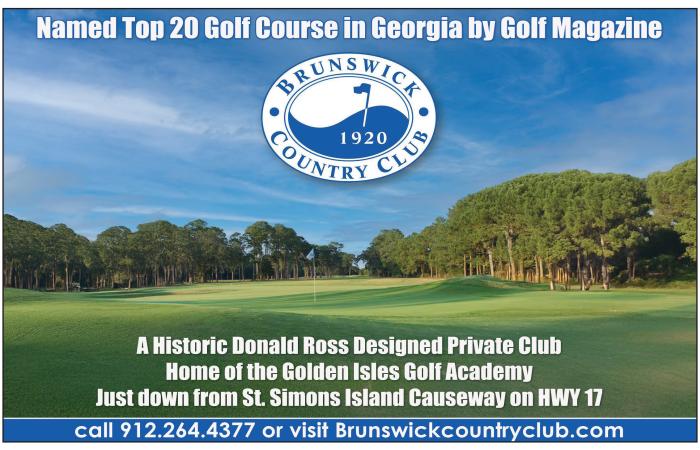
"He knows he has to compete, but (Cornell's) offensive system is more suited for him than playing Fullback at Air Force. Harding has a similar offense as Air Force, and Jordan wanted to play RB in a more traditional way"

Jordan Triplett is the All-time High School Rushing Leader in the state of Georgia. In his four years at Frederica, he rushed for 9,028 yards and is the only player in Georgia history to eclipse the 9,000-yard mark.

He also tied the all-time Georgia single season rushing record 3,172 yards, is #3 on the all-time touchdown list with 115, and is the only player in Georgia high school history with multiple 400-yard rushing performances (3).

Cornell opens their 2025 campaign on the road at University at Albany (NY) on September 20 and has their home opener against Colgate on October 4.







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